



EXAMPLE

FC Wisconsin Technical Training Program

Goal:	Base touches (BT)	BT with pull back	Inside of one outside of the other	Total touches
	2500	3750	3750	10,000
Date				
8.12.15	215	432	312	959
8.15.15	374	416	511	1301
8.16.15	76	81	98	255
8.19.15	456	611	742	1809
8.20.15	199	223	312	734
8.21.15	457	457	333	1247
8.23.15	319	376	300	995
8.24.15	413	589	602	1604
8.25.15	106	597	566	1269
Total	2615	3782	3776	10173

Player signature: _____

Parent Signature: _____